

LEVEL ONE = WHITE/ORANGE  
 LEVEL TWO = YELLOW - BLUE  
 LEVEL THREE = BROWN - RED

# Yarwood's Martial Arts

(effective June 30, 2025)

CLASS/DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LITTLE DRAGONS</b> (4-6yrs)	5:00-5:30PM	5:00-5:30PM				9:30-10:00AM
<b>LEVEL ONE</b> (All Ages)	5:35-6:15PM	5:35-6:15PM				10:05-10:40AM
<b>LEVEL TWO</b> (All Ages)	6:20-6:50PM			6:20-7:30PM		10:45-11:15AM
<b>LEVEL THREE</b> (All Ages)	6:55-7:30PM			6:20-7:30PM		11:55-12:30PM
<b>REC. BLACK</b>				5:00-5:35PM		
<b>BLACK BELTS</b>	7:35-8:05PM	7:45-8:20PM		7:30-8:15PM		
<b>NXT</b> (INSTRUCTORS)		6:55-7:40PM				12:35-1:15PM
<b>ELEVATE</b> (TRICKING)		6:20-6:50PM		5:40-6:15PM		11:20-11:50AM
<b>COMP TEAM</b>					5:30-7:30PM	
<b>SPARRING</b> (ALL RANKS)				6:20-7:30PM		